

YOU CAN RECYCLE MORE THAN YOU THINK...

MIXED PAPER AND CARDBOARD

Accepted ✓

Paper:

- Newspapers and supplements
- Magazines, brochures and catalogues
- White paper (e.g. computer paper, letters)
- Telephone directories
- Leaflets and flyers
- Envelopes - you can include those that have a window
- Gift wrap
- Brown paper

All card from around the home, including:

- Cardboard boxes (e.g. cereal boxes, dishwasher tablet boxes)
- Corrugated cardboard (e.g. online delivery boxes, cardboard envelopes) - remove all plastic inserts and polystyrene, as well as packing tape
- Greetings cards without glitter - tear off the glitter section, as well as any badges and batteries the glitter cannot be removed and the recycled card has to be rejected

Tip !

If you scrunch paper and it doesn't spring back, then it can be recycled.

No thanks ✗

Please put these in your general rubbish:

- Paper/card that is heavily stained/dirty with paint, foodstuffs or grease
- Glitter covered greetings cards or wrapping paper
- Non-paper gift wrap (e.g. foil-based wrapping or bags) which springs back when you scrunch it
- Sticky papers (e.g. post-it notes, sticky labels and paper tape)
- Wallpaper
- Hygiene/Sanitary products (i.e. nappies, wipes, sanitary towels etc.)
- Tissues and used paper towels
- Wet wipes
- Cotton wool, make up pads
- Remove any plastic wrapping and free gifts from newspapers, magazines and flyers and put in the general rubbish

Paper is one of the most valuable recyclable materials - but only when it is clean.

Reference: WRAP Recycling Guidelines - mixed paper and card
wrap.org.uk/sites/files/wrap/Recycling%20Guidelines.pdf

YOU CAN RECYCLE MORE THAN YOU THINK...

CARTONS

Accepted ✓

- Drink cartons (e.g. juices, milk)
- Food cartons (e.g. soups)
- Please remove plastic tops on cartons and straws in drink cartons

No thanks ✗

Please put these in your general rubbish:

- Laminated plastic food/drink pouches (e.g. baby food pouches, cat food pouches, coffee pouches)

Reference: recyclenow.com/what-to-do-with/food-drink-cartons-0
and WRAP Recycling Guidelines - food and drink cartons
wrap.org.uk/sites/files/wrap/Recycling%20Guidelines.pdf

TINS, CANS AND FOILS

Accepted ✓

- Drinks cans
- Food tins - pop tin lids inside the tin
- Empty aerosols (Remove plastic caps)
- Jar lids
- Foil (e.g. for baking, covering food) and foil trays - scrunch foil together to form a ball

Please remember:

- Empty and rinse items
- You can leave labels on: machines ensure these get removed.

No thanks ✗

Please put these in your general rubbish:

- Laminated foil pouches (e.g. cat food/coffee pouches that spring back when you try and scrunch them) are currently not recyclable
- Crisp packets and sweet wrappers

No thanks ✗

But you can recycle these at your local recycling centre

- Metal containers for chemicals (i.e. white spirits, paints, etc.) or engine oils
- General kitchen ware e.g. cutlery, pots and pans
- Any other metal items e.g. kettles, irons, pipes, white goods

YOU CAN RECYCLE MORE THAN YOU THINK...

GLASS CONTAINERS

Accepted ✓

All glass packaging from around the home, including:

- Bottles of any colour (e.g. wine, vinegar, beer)
- Jars with lids removed (e.g. sauces, jam, baby food)
- Non-food bottles (e.g. perfume, aftershave, face creams)

Please remember:

- Empty and rinse items

No thanks ✗

Please put these in your general rubbish:

- Glass cookware (e.g. Pyrex)
- Drinking glasses
- Vases
- Ceramics (e.g. crockery or earthenware)
- Mirrors

No thanks ✗

But you can recycle these at your local recycling centre:

See our website for details: wiseuptowaste.org.uk/recycle/reuse-and-recycling-centres

- Light bulbs/fluorescent tubes
- Window glass (please put into the general waste container)

Reference: WRAP Recycling Guidelines - glass packaging
wrap.org.uk/sites/files/wrap/Recycling%20Guidelines.pdf

MIXED PLASTICS (PLASTIC BOTTLES AND PLASTIC POTS, TUBS AND TRAYS)

Accepted ✓

Plastic pots, tubs and trays:

- Pots (e.g. yogurt, soup, etc.)
- TubS (e.g. margarine, ice cream, etc.)
- Trays/punnets (e.g. raw meat or ham trays; take-away trays; fruit /veg trays) - remove any film lids and absorbent pads in the bottom of trays, and put these in your general rubbish
- Chocolate and biscuit tubs and trays
- Plastic carrier bags
- Other clear plastic packaging

YOU CAN RECYCLE MORE THAN YOU THINK...

MIXED PLASTICS CONT. (PLASTIC BOTTLES AND PLASTIC POTS, TUBS AND TRAYS)

Accepted ✓

Plastic bottles:

All clear and coloured plastic bottles from around the home, including:

- Day-to-day cleaning product bottles (e.g. bathroom cleaners, washing up liquid, bleach)
- Cosmetics bottles (e.g. shampoo, shower gel)
- Drinks bottles (e.g. juice, squash, milk)
- Plastic bottle lids

Please remember:

- Empty and rinse items

No thanks ✗

Please put these in your general rubbish:

- Crisp and sweet packets/wrappers
- Film lids from the pots or trays
- Plastic wrapping film e.g. bread bags and bubble wrap
- Laminated pouches (e.g. cat food/coffee pouches that spring back when you try and scrunch them. Pouches are currently not recyclable)
- Plastic toys (these are currently not recyclable)
- Medicine packs (e.g. headache pills, etc.)
- Toothpaste tubes
- Expanded polystyrene e.g. packaging inserts
- Plastic bottles containing chemicals (e.g. anti-freeze) - strong chemicals that are highly poisonous are hazardous to staff and can damage the recycling equipment. Check the bottle for disposal instructions

No thanks ✗

But you can recycle these at your local recycling centre:

- Paint pots
- Labels can all be left on - but plastic film must be removed and put in the general rubbish bin

Separate any cardboard and paper from plastic packaging and recycle separately.

Reference: WRAP Recycling Guidelines - Mixed plastics (plastic bottles and plastic pots, tubs and trays)
wrap.org.uk/sites/files/wrap/Recycling%20Guidelines.pdf