

WASTE LESS CLOTHES, SAVING YOU MORE MONEY



In the UK, nearly a third of the clothes we keep in our wardrobe haven't been worn in the last year.

Check out the five top tips on this leaflet to save you money and to help save the environment.

wiseuptowaste.org.uk



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**Wise up
to waste**

1. SMART SHOPPING

Make a plan before you go clothes-shopping. This will keep you focused and avoid spending money you didn't need to spend! Good quality clothes will provide better value for money in the long-run, but they needn't be brand new – secondhand clothes are often a real bargain. Look in charity and vintage clothes shops, as well as online.

2. SWISHING AND CLOTHES HIRE

Find a local swishing, or clothes-swapping, event. Simply take along any clothes you no longer want and swap them for some others. You can even run your own swishing party with friends, or with a group or workplace. Or if you ever need an outfit for a special occasion, you could save a lot of money by hiring one. A list of events, and further information about these, can be found at wiseuptowaste.org.uk/reuse/clothes-and-shoes/swishing

3. CLOTHES CARE AND REPAIR

There are lots of ways to care for your clothes that will make them last longer. For instance, washing clothes at 30°C is cheaper and keeps the colours brighter. Or don't despair if you've got a stain, our website is full of everyday simple remedies for common stains. We also have instructions of simple mending techniques, such as sewing on a button or mending a hole, available at wiseuptowaste.org.uk/textiles

4. REFASHION AND UPCYCLE

Get creative and give an item of clothing a new lease of life. Try out some simple changes, such as altering the seam, or adding accessories, bows, buttons, pleats, or applique.

5. RECYCLE

If clothes are in a good condition, you might be able to sell them online. But if not, there are lots of on-street clothes banks across north London where textiles can be reused or recycled into something else. Older textiles make great cloths for cleaning, or even wrapping up gifts, using the Furoshiki technique. Visit wiseuptowaste.org.uk/textiles for further information.

